

Sunsmart Snippet

6 tips for staying SunSmart:

1. Learn to understand the UV index
2. Slip on sun protective clothing
3. Slop on sunscreen
4. Slap on a hat
5. Seek shade
6. Slide on wrap-around sunglasses



Protect yourself in five ways from skin cancer



SLIP



SLOP



SLAP



SEEK



SLIDE

